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Amakuru yerekeye urukingo rw'ibicurane

Kuki ngomba gufata urukingo rw'ibicurane?

- Ibicurane ni ubwoko bwubukonje buterwa na virusi ya grippe
- Ibicurane byoroshye kwandura, kandi twibwira ko abantu benshi bazarwara ibicurane uyu mwaka
- Birashobora gutuma abantu bamwe barwara bakaremba
- Urukingo rw'ibicurane rushobora kugufasha mukugukingira no kurinda, abandi kurwara
- Umuntu wese urengeje amezi 6 arashobora kubona urukingo rwibicurane

Nabona nte urukingo rw'ibicurane?

- Urashobora kubona urukingo rw'ibicurane kwa dogiteri wawe, faromasi, ikigo nderabuzima rusange, cyangwa serivisi yubuzima bwa Aboriginal yawe.
- Serivisi zimwe zirashobora kuza kuguha urukingo murugo, cyangwa niba uba mumacumbi aterwa inkunga.
- Abantu bamwe bagira ingaruka nyinshi ziva ku bicurane, bemerewe gukingirwa ibicurane kubantu



Abana bari munsi yimyaka 5



Abakuze barengeje imyaka 65



Abantu ba First Nations (Abasangwabutaka)



Abagore batwite



Abantu bafite ibindi bibazo byubuzima nka diyabete

Ni ryari ngomba urukingo rw'ibicurane?

- Ugomba kwiteza urukingo rw'ibicurane buri mwaka
- Nibyiza kubona urukingo rwibicurane mbere yimbeho, ariko urashobora kurubona igihe icyo aricyo cyose cyumwaka
- Nibyiza ko waharerwa rimwe urukingo rw'ibicurane urukingo rwa COVID-19

Ese hari ingaruka ?

- Abantu bamwe bashobora kumva barwaye nyuma yo kubona urukingo urwo arirwo rwose, ibi byitwa ingaruka
- Ingaruka mbi nyinshi zioroshye cyane, kandi zimara umunsi 1 cyangwa 2
- Ingaruka zimwe zirimo:
 - Kumva unaniwe cyangwa ubabaye
 - Kubabara ku kuboko aho watewe urukingo
- Ntushobora kwandura grippe mu rukingo rw'ibicurane



Nakura he amakuru menshi?

Hamagara Loddon Mallee Public Health Unit:
1800 959 400
Vugana numuntu wawe ugutera inkunga
cyangwa umuganga wawe

